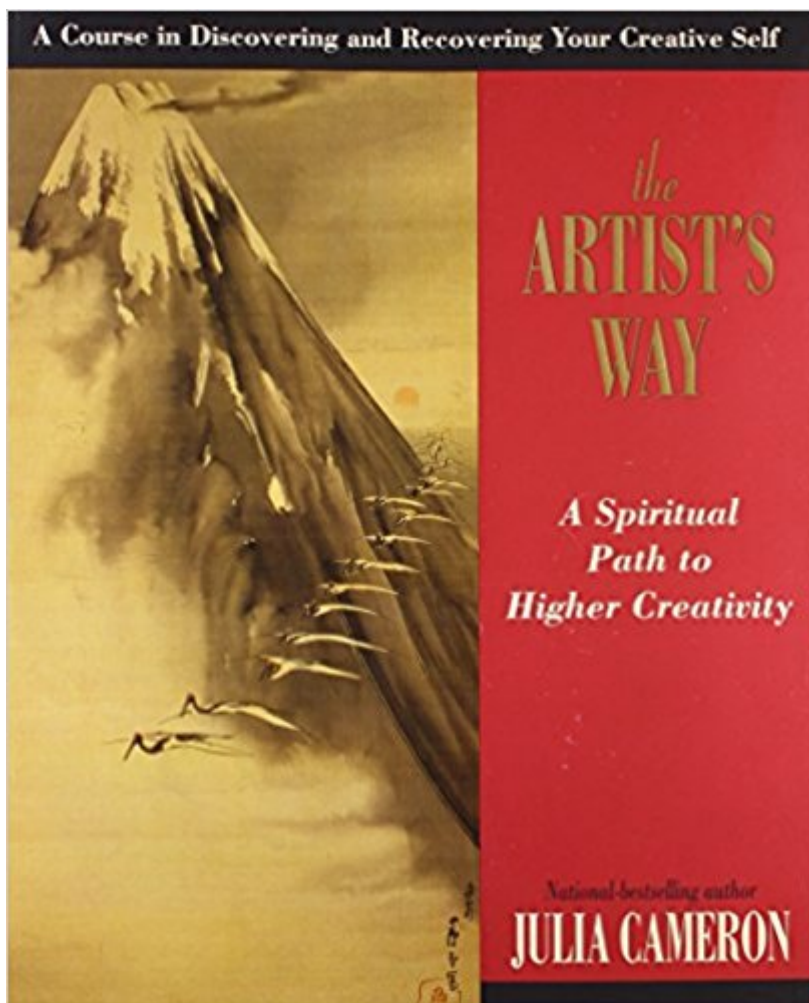


The book was found

The Artist's Way: A Spiritual Path To Higher Creativity



Synopsis

"Without *The Artist's Way*, there would have been no *Eat, Pray, Love*. —Elizabeth Gilbert
The Artist's Way is the seminal book on the subject of creativity. An international bestseller, millions of readers have found it to be an invaluable guide to living the artist's life. Still as vital today—or perhaps even more so—than it was when it was first published one decade ago, it is a powerfully provocative and inspiring work. In a new introduction to the book, Julia Cameron reflects upon the impact of *The Artist's Way* and describes the work she has done during the last decade and the new insights into the creative process that she has gained. Updated and expanded, this anniversary edition reframes *The Artist's Way* for a new century.

Book Information

Paperback: 237 pages

Publisher: Jeremy P. Tarcher/Putnam; 10th edition (March 4, 2002)

Language: English

ISBN-10: 1585421464

ISBN-13: 978-1585421466

Product Dimensions: 7.4 x 0.7 x 9 inches

Shipping Weight: 1.3 pounds

Average Customer Review: 4.6 out of 5 stars 1,206 customer reviews

Best Sellers Rank: #14,987 in Books (See Top 100 in Books) #23 in Books > Arts &

Photography > History & Criticism > Criticism #38 in Books > Arts & Photography > Individual

Artists #44 in Books > Health, Fitness & Dieting > Psychology & Counseling > Creativity &

Genius

Customer Reviews

With the basic principle that creative expression is the natural direction of life, Julia Cameron and Mark Bryan lead you through a comprehensive twelve-week program to recover your creativity from a variety of blocks, including limiting beliefs, fear, self-sabotage, jealousy, guilt, addictions, and other inhibiting forces, replacing them with artistic confidence and productivity. This book links creativity to spirituality by showing how to connect with the creative energies of the universe, and has, in the four years since its publication, spawned a remarkable number of support groups for artists dedicated to practicing the exercises it contains. --This text refers to an out of print or unavailable edition of this title.

This program consists of segments from the author's book of the same name (Tarcher, 1992). She recommends two ongoing activities that will conquer blocks and self-destructive tendencies: morning pages and artist's dates. Morning pages are three pages of writing, performed daily, about anything at all. This exercise overcomes the writer's internal censor and makes writing habitual, she claims. The artist's date is a weekly block of two hours spent observing, experiencing, and sensing. The balance of the recording describes how the artist can overcome human tendencies such as jealousy, fear, and addiction. This abridgment leaves much to be desired. In her introduction, Cameron states that the audio is an interactive abridgment of her 12-week program. There is nothing interactive about it, however. The sound quality is poor, and the content is similar to the many available 12-step programs. In that sense, it is redundant and will appeal to a very small audience. Not recommended. Joanna M. Burkhardt, Univ. of Rhode Island Coll. of Continuing Ed. Lib. Copyright 1997 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

If you need a gift for an artist friend, this couldn't be more perfect! Julia's wonderful suggestions and exercises are incredibly helpful to those who work in creative fields and are often self-employed or freelance. Her "Morning Pages" are one of the most wonderful ideas ever. I don't do them all the time, but when I have a lot going on or a problem to solve, they really help me keep on track with my goals. That in itself is no easy task!

My second copy of this excellent book

Everyone would benefit from this book, particularly those who have unresolved issues that are blocking their creativity. The Daily pages are a form of journaling and there are many questions given throughout the chapters to ponder & help yourself get unresolved issues sorted out.

Practical and insightful. Helpful tips for those interested in a more creative and spiritual life. I loved the ideas about the morning journal pages

I've loved this book since it originally came out. It started me journaling and writing stories. Really helped me tap into other creative outlets.

So thankful for this guide to unlocking my creativity. I'm doing this 12 week program with a group of fellow "recovering artists" and we meet via google hangouts on a weekly basis. This is truly transformative. Thank you!!

Morning pages help me get my thoughts down on paper so that I can see what I want to accomplish with my life. It gives me perspective.

What a beautifully designed book, really speaks to the artist in all of us, just in construction. Well written with great exercises.

[Download to continue reading...](#)

The Artist's Way: A Spiritual Path to Higher Creativity Channeling Your Higher Self: A Practical Method to Tap into Higher Wisdom and Creativity Summary - Creativity, Inc.: By Ed Catmull - Overcoming the Unseen Forces That Stand in the Way of True Inspiration (Creativity, Inc: A Complete Summary ... Book, Paperback, Hardcover, Summary Book 1) Meditation within Eternity: The Modern Mystics Guide to Gaining Unlimited Spiritual Energy, Accessing Higher Consciousness and Meditation Techniques for Spiritual Growth The Watercolor Flower Artist's Bible: An Essential Reference for the Practicing Artist (Artist's Bibles) Pastel Artist's Bible: An Essential Reference for the Practicing Artist (Artist's Bibles) Art Is a Way of Knowing: A Guide to Self-Knowledge and Spiritual Fulfillment through Creativity Conflict Management and Dialogue in Higher Education: A Global Perspective (International Higher Education) Top25 Best Sale - Higher Price in Auction - January 2013 - Vintage Pinball (Top25 Best Sale Higher Price in Auction Book 21) World List of Universities, 25th Edition: And Other Institutions of Higher Education (World List of Universities & Other Institutions of Higher Education) Higher and Higher: Making Jewish Prayer Part of Us Reforming The Higher Education Curriculum: Internationalizing The Campus (American Council on Education Oryx Press Series on Higher Education) Pineal Gland: Activate and Decalcify Your Pineal Gland - Improve Creativity and Imagination, Unlock Greater Awareness, and Connect To Your Higher Self ... Sixth Sense, DMT Spirit Guide, Meditation) The Science and Inventions Creativity Book: Games, Models to Make, High-Tech Craft Paper, Stickers, and Stencils (Creativity Books) Animal Creativity and Innovation (Explorations in Creativity Research) Dorset & South Devon Coast Path: (Sw Coast Path Part 3) British Walking Guide With 70 Large-Scale Walking Maps, Places To Stay, Places To Eat (Trailblazer: Sw Coast Path) Exmoor & North Devon Coast Path: (Sw Coast Path Part 1) British Walking Guide With 53 Large-Scale Walking Maps, Places To Stay, Places To Eat (British ... Exmoor & North Devon Coast Path Minehead) The Mandala Workbook: Creating an

Authentic Spiritual Path: An Interspiritual Process (The Spiritual Paths Series) The Subtle Power of
Spiritual Abuse: Recognizing and Escaping Spiritual Manipulation and False Spiritual Authority
Within the Church The Gift: Creativity and the Artist in the Modern World

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)